

ONE-SQUARE GRANNY COCOON SHRUG

Crochet Pattern

A relaxed layering piece made from one continuous granny square

SKILL LEVEL: EASY / CONFIDENT BEGINNER



Designed for CrochetRooms

Materials & Pattern Notes

Everything to gather before you begin

Materials

- Yarn: Category 4 (worsted weight), solid or self-striping. Exact yardage varies by size and yarn choice.
- Hook: 5.5 mm (US I-9), or the size needed for a fabric you like.
- Yarn needle for seaming and weaving in ends.
- Scissors.
- Stitch markers (optional).

Skill level

Easy / Confident Beginner

Gauge

Gauge is not critical for this project. The finished square measurement controls the fit. Measure the square after gently smoothing it flat.



US abbreviations

ch	chain
dc	double crochet
sl st	slip stitch
sp	space
rnd	round
rep	repeat
st(s)	stitch(es)
3-dc cluster	3 double crochet stitches worked in one space

Pattern note: Work in joined rounds. The beginning ch 3 counts as the first double crochet.

Continuous Granny Square

Work the motif until it reaches the width in the sizing chart

Foundation

Chain 4. Join with a slip stitch in the first chain to form a ring.

Round 1

Chain 3 (counts as the first double crochet). Work 2 double crochet in the ring, chain 2. (Work 3 double crochet in the ring, chain 2) three times. Join with a slip stitch to the top of the beginning chain 3. You will have four corner spaces.

Round 2

Slip stitch across the next 2 double crochet and into the next chain-2 corner space. Chain 3, work 2 double crochet, chain 2, 3 double crochet, chain 1 in the same corner space. In each of the next three corner spaces, work 3 double crochet, chain 2, 3 double crochet, chain 1. Join to the top of the beginning chain 3.

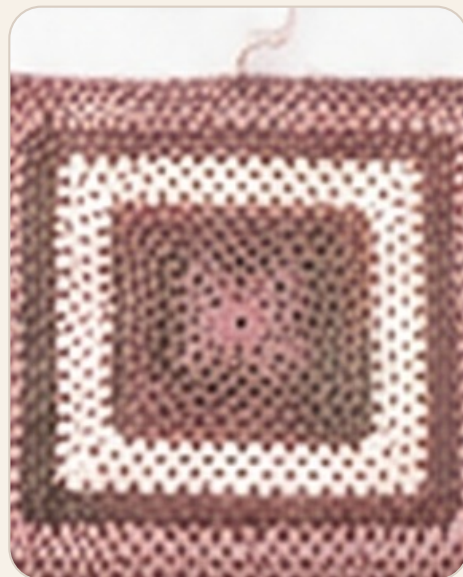
Round 3 and beyond

Slip stitch across the next 2 double crochet and into the next corner space. Chain 3, work 2 double crochet, chain 2, 3 double crochet, chain 1 in the same corner. Work 3 double crochet, chain 1 in every side chain-1 space. In every corner space work 3 double crochet, chain 2, 3 double crochet, chain 1. Continue around and join to the top of the beginning chain 3.

Repeat

Repeat the final round until the square matches the measurement for your size. Fasten off, weave in the end, and lightly block the square before seaming.

Construction



CORNER FORMULA

In every corner space:
3 dc, ch 2, 3 dc

Between clusters on each
side:
ch 1

STRAIGHTER SQUARE TIP

After joining a round, gently rotate the work so the next corner starts directly above the previous corner. Block the finished square before measuring.

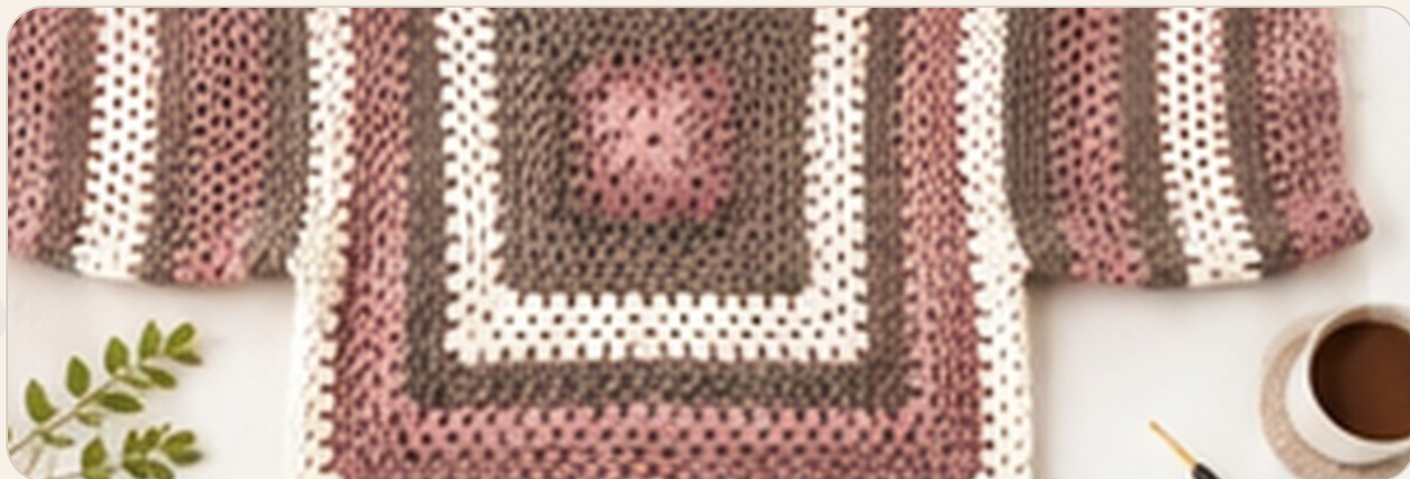
Sizing Chart

Choose the finished square size that matches your preferred fit

SIZE	SQUARE WIDTH	FITS CHEST UP TO	SEAM FROM EACH CORNER
2T-4T	24 in (61 cm)	26 in (66 cm)	7 clusters
6-9 yrs	28 in (71 cm)	30 in (76 cm)	8 clusters
XS-M	34 in (86 cm)	38 in (97 cm)	10 clusters
L-2XL	40 in (102 cm)	48 in (122 cm)	12 clusters
3XL-5XL	45 in (114 cm)	62 in (158 cm)	14 clusters

Fit notes

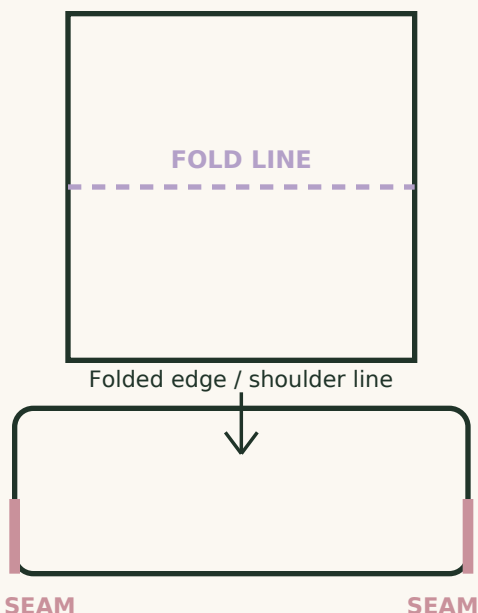
- Measurements are approximate; yarn, tension, and blocking can change the final fit.
- For a roomier or longer shrug, add rounds before seaming.
- Before fastening off the seams, try on the shrug and adjust the arm opening if needed.



Fold & Seam the Shrug

Fold the square into a rectangle - not diagonally

Construction diagram



Seaming steps

- 1 Fold the blocked square in half so the top edge meets the bottom edge. Keep all four corners aligned.
- 2 Beginning at one lower corner, join both layers with slip stitches. Work toward the folded edge.
- 3 Stop after the number of 3-dc clusters listed in the sizing chart. The unseamed section becomes the arm opening.
- 4 Repeat on the second side. Try on the shrug before fastening off, then weave in all ends securely.



Finishing, Care & Use

A few final steps for a polished garment

Finishing

- Weave in all yarn ends securely.
- Lightly wet-block or steam-block according to the yarn label.
- Let the shrug dry completely while lying flat.
- Check both arm openings and seams for equal length.



Care

- Hand wash gently in cool water.
- Do not wring or twist.
- Lay flat to dry.
- Store folded rather than hanging.

Pattern use

You may sell finished items made from this pattern in small quantities. Please credit CrochetRooms as the designer. The written pattern and page design may not be copied, translated, redistributed, or resold.



Thank You!

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