



CrochetRooms

Crochet Earmuffs: Free Crochet Pattern

Finished Size & Skill Level

- **One size:** fits most teens and adults; each cup measures about 4 in (10 cm) across. The band is worked to your own head measurement, so the fit is adjustable.
- **Skill level:** Confident beginner - single crochet in the round, increases, and basic seaming. The magic ring is the only technique to practice first.
- **Time:** one or two evenings

Materials

- **Worsted-weight (#4) yarn** - approximately 100 yards (90 m) in your main color. A smooth acrylic or wool blend works best; avoid fuzzy yarns so the stitch definition stays crisp.
- **US H-8 (5.0 mm) crochet hook**
- Yarn needle, scissors, stitch marker
- **Optional:** two 4 in (10 cm) circles of fleece or flannel for windproof lining; a small amount of polyester fiberfill if you prefer a softly padded cup
- **Alternative:** one plain store-bought headband, if you would rather skip crocheting the band

Abbreviations (US Terms)

- **ch** = chain | **st(s)** = stitch(es) | **sc** = single crochet (UK: double crochet)
- **sl st** = slip stitch
- **inc** = increase (2 sc in same st)
- **MR** = magic ring

Gauge

16 single crochet stitches and 18 rows = 4 in (10 cm) in single crochet. As a check, Rounds 1 to 8 of a cup (48 stitches) should measure about 4 in (10 cm) across. If your cup is larger, switch to a smaller hook so the fabric stays dense and windproof.

Pattern Notes

- This is an original CrochetRooms pattern. The cups are worked in continuous rounds; the band is worked flat in rows.
- Do not join rounds on the cups. Place a stitch marker in the first stitch of each round and move it up as you go.

- All stitch counts are given in parentheses at the end of each round or row.
- Work the band to your own head: it should feel snug but not tight when tried on with the cups held in place.

Cups (make 2)

Start with a magic ring.

Round 1: 6 sc in MR. (6 sc)

Round 2: Inc in each st around. (12 sc)

Round 3: *Sc in next st, inc in next st; repeat from * around. (18 sc)

Round 4: *Sc in next 2 sts, inc in next st; repeat from * around. (24 sc)

Round 5: *Sc in next 3 sts, inc in next st; repeat from * around. (30 sc)

Round 6: *Sc in next 4 sts, inc in next st; repeat from * around. (36 sc)

Round 7: *Sc in next 5 sts, inc in next st; repeat from * around. (42 sc)

Round 8: *Sc in next 6 sts, inc in next st; repeat from * around. (48 sc)

Rounds 9-10: Sc in each st around. (48 sc)

These two even rounds form the shallow wall that lets the cup sit over the ear. Fasten off, leaving a long tail for sewing.

Inner Pads (make 2, optional but recommended)

Work Rounds 1 to 6 of the cup pattern above. (36 sc) Fasten off, leaving a tail.

If using fleece, cut two 4 in (10 cm) circles of fleece or flannel. Place one fleece circle inside each cup, then sew an inner pad over it, stitching through the cup wall around Round 7. This sandwiches the fleece in place and gives a neat finished interior.

Band

Chain 9.

Row 1: Sc in 2nd ch from hook and in each ch across. Turn. (8 sc)

Row 2: Ch 1 (does not count as a st), sc in each st across. Turn. (8 sc)

Repeat Row 2 until the band measures about 15 in (38 cm) unstretched, **or** long enough to reach from one ear, over the top of your head, to the other ear, minus about 2 in (5 cm), since the cups make up the difference. Try it against your head as you go; the band should feel snug but comfortable.

Fasten off, leaving a long tail at each end for attaching the cups.

Assembly

Hold one cup against one end of the band with the cup opening facing inward (toward where the ear will be). Using the long tail and a yarn needle, whipstitch the cup to the band end all the way around, catching the stitches of Round 10. Repeat with the second cup on the other end.

If you prefer a softly padded cup, add a small tuft of fiberfill inside each cup before sewing the inner pad in place.

Store-bought headband alternative: Wrap a plain headband tightly in your yarn from end to end, securing the yarn at both ends with a few stitches. Sew one cup to each end of the wrapped headband with the openings facing inward.

Weave in all remaining ends.

Finishing

Try the earmuffs on. The cups should sit fully over your ears and the band should feel snug without pinching. If the band is loose, work a few extra rows of single crochet on one end and reattach. Your crochet earmuffs are ready for winter.

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