Crochet Fingerless Gloves: Cabled Back Pattern

CrochetRooms free printable pattern

Finished Size and Skill Level

Size M (written instructions): finished glove is approx 10 in (25 cm) long, fits a palm measuring 8-9 in around. Also includes Size S (fits palm 7-8 in, 24 sts per round) and Size L (fits palm 9-10 in, 28 sts per round).

Skill level: Beginner. You only need chains, slip stitches, and double crochet worked in simple joined rounds, plus basic front-post and back-post stitches for the cuff.

Materials

- Worsted weight #4 yarn, approx 100 yds per pair of gloves (any soft acrylic or wool blend)
- US I-9 / 5.5 mm crochet hook
- Tapestry needle for weaving in ends
- Stitch marker (optional, helpful to mark the start of each round)

Abbreviations (US Terms)

- ch - chain
- sl st - slip stitch
- dc - double crochet
- fpdc - front post double crochet
- bpdc - back post double crochet
- st(s) - stitch(es)

Gauge

Approx 12 dc x 8 rows = 4 in (10 cm), that is 3 dc sts per inch. Take a minute to check gauge: a glove that is off gauge will not fit the palm measurements above. If your stitches are too small, go up a hook size; too big, go down.

Pattern Notes

- Gloves are worked in joined rounds from the fingers down toward the wrist. The thumb opening is left simply by chaining and skipping stitches, no shaping needed.
- The beginning ch 3 of each double crochet round counts as a dc and is joined with a slip stitch to the top of the beginning ch 3 at the end of every round.
- The beginning ch 2 of each cuff round does not count as a stitch.

- All instructions are written for Size M, with changes for S and L in [brackets] as: S [M, L]. Round counts are the same for all sizes; only the stitch counts change: 24 [26, 28] sts per round.
- You will make two identical gloves. Fingerless gloves do not need to be mirrored, so the second glove is worked exactly the same as the first.

Make This Version

Work a 6-st cable panel on Rounds 3-12 only. All other rounds are worked exactly as printed below. On each of Rounds 3-12, work the round as follows: Ch 3 (counts as dc), dc in the next 8 [9, 10] sts (9 [10, 11] sts including the beginning ch 3), work the cable panel over the next 6 sts, dc in the remaining 9 [10, 11] sts, join with a sl st to the top of the beginning ch 3. Check the count: 9 [10, 11] + 6 + 9 [10, 11] = 24 [26, 28] sts.

The 6-st panel is two groups of 3 front post stitches. On Rounds 3, 4, 5, 7, 8, 9, 11, and 12, fpdc around each of the 6 panel sts. On Rounds 6 and 10 (the cross rounds), skip the first 3 panel sts, fpdc around the next 3 panel sts, then fpdc around the 3 skipped sts, working in front of the stitches just made. The panel sits on one side of the glove; turn the glove so the panel is on the back of your hand when you wear it. Rounds 13-21 are worked exactly as printed below, so the thumb opening counts are unchanged.

The Glove

Round 1: Ch 24 [26, 28], join with a sl st to the first ch to form a ring, being careful not to twist the chain.

Round 2: Ch 3 (counts as dc), dc in each ch around, join with a sl st to the top of the beginning ch 3. (24 [26, 28] sts)

Rounds 3-12: Ch 3 (counts as dc), dc in each st around, join with a sl st to the top of the beginning ch 3. (24 [26, 28] sts) Repeat this round 10 times total.

Thumb Opening

Round 13 (thumb round): Ch 3 (counts as dc), dc in the next 17 [19, 21] sts, ch 6, skip the next 6 sts, join with a sl st to the top of the beginning ch 3. The ch 6 span creates the thumb hole. (18 [20, 22] dc + 6 ch = 24 [26, 28] sts)

Rounds 14-17: Ch 3 (counts as dc), dc in each st and each ch around (work a dc into each of the 6 thumb chains), join with a sl st to the top of the beginning ch 3. (24 [26, 28] sts) Repeat this round 4 times total.

Cuff

Rounds 18-21: Ch 2 (does not count as a st), (fpdc around next st, bpdc around next st) around, join with a sl st to the first fpdc. (12 [13, 14] fpdc + 12 [13, 14] bpdc = 24 [26, 28] sts) Repeat this round 4 times total for a stretchy ribbed cuff. Fasten off.

Length check: the double crochet section (Rounds 2-17, 16 rounds at 2 rows per inch) measures approx 8 in, and the 4 ribbed cuff rounds add approx 2 in, for a total length of approx 10 in for Size M. Sizes S and L measure slightly shorter and longer with the same round counts.

Second Glove

Repeat Rounds 1-21 exactly as written to make the second glove. No mirroring is needed for fingerless gloves.

Finishing

- Weave in the beginning tail and the fasten-off tail with a tapestry needle, hiding them along the inside of the glove.
- Try the glove on. If the thumb hole feels tight, work 1 round of single crochet evenly around the thumb opening for a clean, slightly stretchier edge.
- Block lightly with steam if needed to even out the stitches. Pair your gloves and enjoy your cozy finished pair.

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