



CROCHETROOMS

Bow Headband

A sweet one-evening make: simple band, separate bow, and a center wrap.

Finished Size & Skill Level

- **Toddler:** 16 in circumference x 3 in wide
- **Child:** 18 in circumference x 3.25 in wide
- **Adult:** 20 in circumference x 3.5 in wide

Skill level: Beginner. You only need chains, half double crochet, and single crochet.

Materials

- Worsted weight (#4) yarn, approx 60 yds (55 m)
- US H-8 (5 mm) crochet hook
- Yarn needle, scissors, measuring tape

Gauge

13 hdc = 4 in (10 cm). Gauge is not critical for this project. Measure the band against the head as you work: the finished band should measure about 2 in less than the head circumference, so the natural stretch keeps it snug without squeezing.

Abbreviations (US terms)

ch - chain **hdc** - half double crochet **sc** - single crochet **sl st** - slip stitch **st(s)** - stitch(es)

Band (make 1)

Ch 13.

Row 1: Hdc in 2nd ch from hook and in each ch across. Turn. (12 hdc)

Row 2: Ch 1, hdc in each st across. Turn. (12 hdc)

Repeat Row 2 until the band measures **16 (18, 20) in** long. Fasten off, leaving a long tail for seaming.

Bring the two short ends together and whipstitch them into a loop. Weave in the ends.

Bow (make 1)

Ch 17.

Row 1: Hdc in 2nd ch from hook and in each ch across. Turn. (16 hdc)

Rows 2-10: Ch 1, hdc in each st across. Turn. (16 hdc)

Fasten off and weave in the ends. Lay the rectangle flat and pinch the center together to form the bow shape.

Center Wrap (make 1)

Ch 7.

Row 1: Sc in 2nd ch from hook and in each ch across. Turn. (6 sc)

Rows 2 on: Ch 1, sc in each st across. Turn. (6 sc)

Repeat until the strip measures 3.5 in long. Fasten off, leaving a long tail.

Assembly & Finishing

Place the pinched bow over the band seam on the outside of the loop. Wrap the center strip snugly around both the bow and the band, covering the pinched middle, and whipstitch the strip ends together at the back of the headband. Weave in all remaining ends and steam lightly if you like a crisp finish.