



CrochetRooms

Twisted Headband

Finished Size and Skill Level

- One adult size: 4.5 in (11.5 cm) wide x 19 in (48 cm) around. Fits a 21-22 in head with comfortable stretch.
- Skill level: Beginner. A perfect first project.

Materials

- Worsted weight yarn (#4): about 80-100 yards (75-90 m).
- 5 mm crochet hook, or size needed to obtain gauge.
- Tapestry needle, scissors.

Gauge

13 half double crochet and 10 rows = 4 in (10 cm) using a 5 mm hook. The band should feel snug: it will stretch with wear.

Abbreviations (US Terms)

- ch = chain | hdc = half double crochet (UK: half treble crochet) | BLO = back loop only | st(s) = stitch(es)

Band

Foundation: Ch 62 (measures about 19 in).

Row 1: Hdc in the 2nd ch from the hook and in each ch across. Turn. (61 sts)

Row 2: Ch 1 (does not count as a st), hdc BLO in each st across. Turn. (61 sts)

Rows 3-11: Repeat Row 2. (61 sts; the band measures about 4.5 in wide)

Fasten off, leaving a long tail for seaming (about 12 in).

Twisted Join

Lay the band flat with the right side facing up. Bring the two short ends together so they overlap. Slide the top layer of one end behind the bottom layer of the other end, so the ends interlock and the edges overlap by half the width of the band: this fold is what creates the twist.

Fold the interlocked ends together into a neat stack of four layers. Using the long tail and the tapestry needle, sew through all four layers with a whipstitch, keeping the stitches close to the edge. Weave in the end, then turn the band so the seam sits on the inside and the twist shows at the front.

Finishing

Weave in the remaining end. Try the headband on: it should feel snug. Wear the twist at the front, slightly to one side, or at the back.