CROCHET ARM WARMERS: STRIPED ARM WARMERS

CrochetRooms free printable pattern

Printable pattern, adapted in my own words from the free Lovable Loops design listed in sources.txt. US crochet terms.

SKILL LEVEL

Advanced beginner

MATERIALS

- Worsted weight (4) yarn in five colors: white, brown, orange, yellow, and mint. About 160 yards in total across all five colors.
- Crochet hook: size I-9 (5.5 mm)
- Yarn needle
- Scissors

GAUGE

15 double crochet stitches and 9 rounds = 4 inches (10 cm).

FINISHED SIZE

One size, designed for teens and adult women. The source gives no finished length or circumference in inches, so no finished measurements are stated here and none have been invented.

ABBREVIATIONS

ch: chain

dc: double crochet

FPdc: front post double crochet

BPdc: back post double crochet

sl st: slip stitch

st: stitch

rnd: round

PATTERN NOTES

- Make 2 arm warmers, following the instructions below for each one.
- The pattern is worked in joined rounds from the hand end toward the forearm.
- The beginning ch 2 does not count as a stitch.
- Join each round with a slip stitch to the first stitch of the round, not to the beginning ch 2.
- Change color at the start of the round stated. Carry the unused colors loosely up the inside of the work or fasten off and rejoin, weaving in the ends neatly.

STRIPED ARM WARMER

Round 1: With white yarn, chain 28 and join with a slip stitch to the first chain to form a ring, being careful not to twist the chain. Chain 2, work one double crochet in each chain around, join. (28 stitches)

Change to brown yarn.

Round 2: Chain 2, work one double crochet in each stitch around, join. (28 stitches)

Change to orange yarn.

Round 3: Chain 2, work one double crochet in each stitch around, join. (28 stitches)

Change to yellow yarn.

Round 4: Chain 2, work one double crochet in each stitch around, join. (28 stitches)

Change to mint yarn.

Round 5: Chain 2, work one double crochet in each stitch around, join. (28 stitches)

Change to white yarn.

Round 6 (thumb opening): Chain 2, work one double crochet in each of the next 24 stitches, leave the last 4 stitches unworked, chain 8, join to the first stitch of the round. (24 stitches plus 8 chains)

Round 7: Chain 2, work one double crochet in each of the next 24 stitches and in each of the 8 chains from the previous round, join. (32 stitches)

Rounds 8 to 15: Chain 2, work one double crochet in each stitch around, join. (32 stitches in each round)

Change to brown yarn.

Round 16: Chain 2, work one double crochet in each stitch around, join. (32 stitches)

Change to orange yarn.

Round 17: Chain 2, work one double crochet in each stitch around, join. (32 stitches)

Change to yellow yarn.

Round 18: Chain 2, work one double crochet in each stitch around, join. (32 stitches)

Change to mint yarn.

Round 19: Chain 2, work one double crochet in each stitch around, join. (32 stitches)

Change to white yarn.

Round 20: Chain 2, work one double crochet in each stitch around, join. (32 stitches)

Rounds 21 to 23 (ribbed cuff): Chain 2, then repeat around: work one front post double crochet around the next stitch, then one back post double crochet around the next stitch. Join. (32 stitches in each round: 16 front post and 16 back post stitches)

FINISHING

- Fasten off and use a yarn needle to weave in all yarn ends.
- Try the warmer on: the thumb goes through the opening made in Round 6, the ribbed cuff sits at the forearm end, and the striped hand end sits at the wrist.
- Check the stitch counts as you work: Rounds 1 to 5 hold 28 stitches, Round 6 holds 24 stitches plus 8 chains, and Rounds 7 to 23 hold 32 stitches.
- Make a second arm warmer in exactly the same way.

Source credit: adapted from Lovable Loops, Striped Crochet Arm Warmers pattern. See sources.txt for the full link.

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