CROCHET HEART PILLOW: BEAUTIFUL PLUSH HEART IN 2 SOFT SIZES

CrochetRooms free printable pattern

Free printable pattern

FINISHED SIZE

Two sizes. Small: 8 in wide by 7.5 in tall (20 by 19 cm). Large: 11 in wide by 10 in tall (28 by 25 cm).

SKILL LEVEL

Easy to advanced beginner. You need a magic circle, single crochet, increases, and decreases. The one part that trips people up is joining the two cups, and that is a single crochet join plus a round of single crochet worked around both cups.

TIME

The source pattern gives no exact time. It is a single small pillow in super bulky yarn, so most crocheters finish one in an evening.

MATERIALS

- Super bulky yarn. For the larger hearts, the source used Bernat Blanket Brights in Raspberry Ribbon. For the smaller hearts, the source mostly used Bernat Blanket Brights in Pixie Pink, with a couple of stripes of Baby Pink and Lilac on one small heart for fun. One large skein of Bernat Blanket Brights (300 g / 10.5 oz / 220 yd) was enough to make 2 large hearts with only a tiny bit of yarn left over, or 3 small hearts.
- 8 mm crochet hook, or whatever hook gives you a tight fabric with no gaps
- Fiberfill stuffing
- Yarn needle for weaving in ends
- Scissors
- Stitch marker or a piece of yarn to mark the start of each round

ABBREVIATIONS (US terms)

ch: chain. sc: single crochet. sc dec: single crochet decrease (sc2tog). st(s): stitch(es).

NOTES

This pattern is written in US crochet terms. The pattern is worked in continuous rounds, which means you will not join the last stitch of a round with the first one. Instead, keep track of where each round started and how many stitches you have made, because after each round you move

right into the next one with no join. Use a stitch marker or a piece of yarn to keep track of the start of each round. To make the pillow, first make the two bumps of the top of the heart, then crochet them together and continue towards the bottom of the heart. Fasten off on one of the bumps only, leaving a tail of yarn. When you are finished making the second bump, do not fasten off. Continue with the joining round below. The numbers in brackets are the total single crochet at the end of the round.

SMALL CROCHET HEART PILLOW (8 in wide by 7.5 in tall)

HEART BUMPS (make 2)

Round 1: Magic circle, ch 1, 6 sc into the ring. (6)

Round 2: 2 sc in each st around. (12)

Round 3: 2 sc in the first st, sc in the next st, repeat around. (18)

Round 4: 2 sc in the first st, sc in the next 2 sts, repeat around. (24)

Rounds 5-7: Sc in each st around. (24)

JOINING THE BUMPS

Round 8: Join the two bumps together with a sc in the next st on the first bump (this is the st after you fastened off the first bump). Sc in the remainder of the sts around the first bump (24), working over the yarn tail of the first bump for a few sts, then leaving it loose because you will use it to sew the gap in the middle of the two bumps later. Then continue to make sc around the second bump (24). You should now be back to where you joined the two bumps together and have completed 48 sc in total this round. (48) It helps to put a stitch marker or a piece of yarn at the start of this round so you can see where the round starts and ends.

BODY AND DECREASES

Rounds 9-10: Sc in each st around. (48)

Round 11: Sc dec, sc in the next 4 sts, repeat around. (40)

Rounds 12-13: Sc in each st around. (40)

Round 14: Sc dec, sc in the next 3 sts, repeat around. (32)

Round 15: Sc in each st around. (32)

Round 16: Sc dec, sc in the next 2 sts, repeat around. (24)

Round 17: Sc in each st around. (24)

Round 18: Sc dec, sc in the next st, repeat around. (16)

Round 19: Sc in each st around. (16)

Round 20: Sc dec around. (8)

Round 21: Sc in each st around. (8)

Make sure you have added enough stuffing to your heart. Then fasten off, weave in ends, and you are all done.

STUFFING (SMALL HEART)

Start stuffing around round 14, while the opening is still wide. Make sure you get enough stuffing in the bumps so that they keep their shape. Continue stuffing as you work through the next rounds. Add more stuffing before the opening gets too small, around round 18.

CLOSING THE GAP (SMALL HEART)

You will probably have a gap between the two bumps where you joined them. Use your yarn needle and the tail from the first bump to sew this gap closed. You can do this now or later after the heart is finished. If you want to do it at the end, just send the yarn tail through the gap so it is on the outside of the project and easier to access later.

LARGE CROCHET HEART PILLOW (11 in wide by 10 in tall)

HEART BUMPS (make 2)

Round 1: Magic circle, ch 1, 6 sc into the ring. (6)

Round 2: 2 sc in each st around. (12)

Round 3: 2 sc in the first st, sc in the next st, repeat around. (18)

Round 4: 2 sc in the first st, sc in the next 2 sts, repeat around. (24)

Round 5: 2 sc in the first st, sc in the next 3 sts, repeat around. (30)

Rounds 6-10: Sc in each st around. (30)

JOINING THE BUMPS

Round 11: Join the two bumps together with a sc in the next st on the first bump (this is the st after you fastened off the first bump). Sc in the remainder of the sts around the first bump (30 in total), working over the yarn tail of the first bump for a few sts, then leaving it loose because you will use it to sew the gap in the middle of the two bumps later. Then continue to make sc around the second bump (another 30 sts here). You should now be back to where you joined the two bumps together and have completed 60 sc in total this round. (60) It helps to put a stitch marker or a piece of yarn at the start of this round so you can see where the round starts and ends.

BODY AND DECREASES

Rounds 12-14: Sc in each st around. (60)

Round 15: Sc dec, sc in the next 4 sts, repeat around. (50)

Rounds 16-17: Sc in each st around. (50)

Round 18: Sc dec, sc in the next 3 sts, repeat around. (40)

Rounds 19-20: Sc in each st around. (40)

Round 21: Sc dec, sc in the next 2 sts, repeat around. (30)

Round 22: Sc in each st around. (30)

Round 23: Sc dec, sc in the next st, repeat around. (20)

Round 24: Sc in each st around. (20)

Round 25: Sc dec, sc in the next 2 sts, repeat around. (15)

Round 26: Sc in each st around. (15)

Round 27: Sc dec, sc in the next st, repeat around. (10)

Round 28: Sc dec around. (5)

Make sure you have added enough stuffing to your heart. Then fasten off, weave in ends, and you are all done.

STUFFING (LARGE HEART)

Start stuffing around round 22, while the opening is still wide. Make sure you get enough stuffing in the bumps so that they keep their shape. Continue stuffing as you work through the next rounds. Add more stuffing before the opening gets too small, around round 24.

CLOSING THE GAP (LARGE HEART)

You will probably have a gap between the two bumps where you joined them. Use your yarn needle and the yarn tail from the first bump to sew this gap closed. You can do this now or later after the heart is finished. If you want to do it at the end, just send the yarn tail through the gap so it is on the outside of the project and easier to access later.

CARE

The source pattern gives no care instructions. Treat the pillow gently: hand wash cold and lay flat to dry. Do not bleach. Reshape while damp.

TIPS FOR A NEAT HEART

- Mark the start of every round. The pattern is worked in continuous rounds with no join, so a stitch marker is the only way to know where a round ends.
- Count every round. If your count is off, check the round you just worked before going on. The decrease rounds follow a steady pattern: each one removes 8 stitches on the small heart and 10 stitches on the large heart, except the last three decrease rounds of the large heart, which remove 5 stitches each.
- Keep the stuffing in the bumps. Stuff the bumps well before the opening gets small, or the top of the heart will go flat.
- Sew the gap between the bumps closed before you finish stuffing, or the stuffing will poke out through the gap.
- Use a tight fabric. If you can see stuffing through the stitches, go down a hook size.

VARIATIONS

- Change the colours: work the heart in red, cream, or lilac, or add stripes of Baby Pink and Lilac to the bumps like the source did on one small heart.

- Make it smaller or bigger: the small heart uses 3 increase rounds per bump and the large heart uses 4. Add or remove one increase round per bump and the matching plain rounds to change the size, then join and decrease the same way.
- Use a different super bulky yarn: any smooth super bulky yarn works. Keep the 8 mm hook, or change the hook until the fabric is tight with no gaps.

Pattern adapted from the free pattern by Loops and Love Crochet: Crochet Heart Pillow, https://www.loopsandlovecrochet.com/2019/01/26/crochet-heart-pillow/

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