# CROCHET SHRUG: A BEAUTIFUL RECTANGLE SHRUG IN 9 SIZES

CrochetRooms free printable pattern

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Free printable pattern

## FINISHED SIZE

Size | Fits bust (body measurement) | Rectangle width (about, computed) | Rectangle depth, back (computed) | Side seam

XS | 28-30 in (71-76 cm) | about 17.5 in (44.5 cm) | 14 in (35.5 cm) | 1 in (2.5 cm)

S | 32-34 in (81-86 cm) | about 19 in (48 cm) | 15 in (38 cm) | 1.5 in (4 cm)

M | 36-38 in (91.5-96.5 cm) | about 21 in (53 cm) | 16 in (40.5 cm) | 2 in (5 cm)

L | 40-42 in (101.5-107 cm) | about 22 in (56 cm) | 17 in (43 cm) | 2.5 in (6.5 cm)

XL | 44-46 in (112-117 cm) | about 23 in (58.5 cm) | 18 in (46 cm) | 3 in (7.5 cm)

2X | 48-50 in (122-127 cm) | about 24 in (61 cm) | 19 in (48 cm) | 3 in (7.5 cm)

3X | 52-54 in (132-137 cm) | about 25 in (63.5 cm) | 20 in (51 cm) | 3.5 in (9 cm)

4X | 56-58 in (142-147 cm) | about 26 in (66 cm) | 21 in (53.5 cm) | 3.5 in (9 cm)

5X | 60-62 in (152.5-157.5 cm) | about 27 in (68.5 cm) | 22 in (56 cm) | 4 in (10 cm)

Bust sizes are body measurements from the source pattern. Rectangle width and depth are COMPUTED from the source gauge (18 sts x 8 rows = 4 in) and the foundation chain and row counts, and are approximate: the source gives no finished rectangle measurements. Width is computed from the stitch count of each row (stitches x 4/18 in); depth is rows x 0.5 in. Sizes are approximate and will vary a little with your yarn and tension.

## SKILL LEVEL

Easy. You need chains, double crochet, half double crochet, slip stitches, and basic seaming with a yarn needle. The designer calls this shrug easy to make, even for beginners. The source pattern prints no formal skill level; this rating follows the designer's own words.

## TIME

The source pattern gives no exact time. The designer says it takes only a few evenings to make. Allow a few relaxed evenings, a little longer the first time.

## MATERIALS

- DK weight (#3) yarn, Lion Brand LB Collection Superwash Merino (306 yds / 280 m, 3.5 oz / 100 g per ball), 100% merino, color Cayenne (deep red) shown: 330 to 820 yds (302 to 750

m) in total across all sizes. That is 2 to 3 balls, computed from the ball yardage (330 yds needs 2 balls, 820 yds needs 3 balls). The source gives only the total range, not a yardage for each size, so buy 3 balls to be safe for the larger sizes.

- US I (5.5 mm) crochet hook, or the size needed to obtain gauge
- Yarn needle
- Scissors
- Stitch markers (optional, to mark the seam positions)

ABBREVIATIONS (US terms)

ch: chain. ch sp: chain space. dc: double crochet. dc cluster: 2 dc worked together in the same stitch, counts as 1 stitch (see Special Stitch). hdc: half double crochet. rep: repeat. RS: right side. WS: wrong side. sc: single crochet. sk: skip. sl st: slip stitch. st(s): stitch(es).

## SPECIAL STITCH

Dc cluster: yo, insert hook in indicated stitch, yo and pull up a loop, yo and pull through 2 loops (2 loops remain on hook), yo, insert hook in same stitch, yo and pull up a loop, yo and pull through 2 loops (3 loops remain on hook), yo and pull through all 3 loops. Counts as 1 stitch.

## NOTES

The pattern is written for the smallest size, with the numbers for larger sizes in parentheses: XS (S, M, L, XL, 2X, 3X, 4X, 5X). Highlight all the numbers for your size before you begin. Each repeat is (dc, ch 1, dc cluster) worked in one stitch, with 2 stitches skipped between repeats. The rectangle is worked in rows, turning at the end of each row. Chain 4 at the start of Rows 2 and 3 counts as 1 double crochet and chain 1. When in doubt, choose the larger size: you can always seam more of the front for longer sleeves and a snugger fit. Gauge: 18 sts (6 repeats) x 8 rows = 4 in (10 cm) in pattern. Check your gauge before you start: this is what will ensure your shrug turns out the size you expect.

## THE RECTANGLE

Row 1: Ch 83 (89, 98, 104, 107, 113, 116, 122, 125). Dc cluster in 5th ch from hook (the 4 skipped chs count as 1 dc and ch 1), sk 2 chs, *(dc, ch 1, dc cluster) in next ch, sk 2 chs; rep from * until 1 ch remains, dc in last ch; turn. (79 (85, 94, 100, 103, 109, 112, 118, 121) sts; 26 (28, 31, 33, 34, 36, 37, 39, 40) repeats)

Row 2: Ch 4 (counts as 1 dc and ch 1), dc cluster in first st, sk next st and ch sp, *(dc, ch 1, dc cluster) in next st, sk next st and ch sp; rep from * to end of row, dc in top of 3rd ch skipped at the beginning of Row 1; turn. (79 (85, 94, 100, 103, 109, 112, 118, 121) sts)

Row 3: Ch 4 (counts as 1 dc and ch 1), dc cluster in first st, sk next st and ch sp, *(dc, ch 1, dc cluster) in next st, sk next st and ch sp; rep from * to end of row, dc in top of 3rd ch; turn. (79 (85, 94, 100, 103, 109, 112, 118, 121) sts)

Rep Row 3 until you have worked 28 (30, 32, 34, 36, 38, 40, 42, 44) rows in total, or until the back depth you want is reached. Fasten off, leaving a 12 in tail.

## ASSEMBLY

Lay the rectangle flat with the right side facing up. Fold the two short edges toward the middle, so the rectangle folds into a shrug shape with an opening for the body in the middle and two armholes at the sides. Sew a seam on each side with the yarn needle, using mattress stitch or whip stitch: use the tail on one side, and join new yarn on the other side. Each seam should be 1 (1.5, 2, 2.5, 3, 3, 3.5, 3.5, 4) in (2.5 (4, 5, 6.5, 7.5, 7.5, 9, 9, 10) cm) long. Try the shrug on and adjust the seams for a custom fit: a longer seam makes longer sleeves and a snugger fit.

SLEEVE EDGING (work on each sleeve opening)

Round 1: Join yarn to the sleeve opening in any stitch, from the right side of the shrug. Ch 1, hdc evenly around the opening, working 2 hdc around each dc or chain at the row ends, join with a sl st in first st. (56 (60, 64, 68, 72, 76, 80, 84, 88) hdc)

Note: the exact stitch count here is not important, so work it however gives the best result. Working 2 hdc per row end gives the counts above.

Round 2: Ch 1, hdc in the 3rd loop of each st around, join with a sl st in first st. (56 (60, 64, 68, 72, 76, 80, 84, 88) hdc)

Round 3: Rep Round 2. (56 (60, 64, 68, 72, 76, 80, 84, 88) hdc)

Round 4: Ch 2, sc in 3rd loop of each st around, join and fasten off. (56 (60, 64, 68, 72, 76, 80, 84, 88) sc)

Repeat the edging for the other sleeve opening.

BODY AND NECK EDGING (1 round)

Join yarn to the body opening in any stitch, from the right side of the shrug. Ch 1, hdc evenly around the opening, join with a sl st in first st. The final stitch count here does not matter; keep the stitches even so they do not bunch or pull. Fasten off and weave in ends.

## FINISHING

Block the shrug: pin it out to the finished measurements, steam it, and let it dry fully. Weave in all loose ends with the yarn needle, hiding them inside the stitches so they do not show.

## CARE

The source pattern gives no care instructions. Follow the care instructions on your yarn label.

## TIPS FOR A NEAT SHRUG

- Check your gauge early. Work a swatch of the stitch pattern first: 18 stitches and 8 rows should measure 4 inches (10 cm). If it is off, change your hook before you work 28 rows in the wrong size.
- Highlight your size. The pattern is written for XS, with larger sizes in parentheses. Mark every number for your size before you start, so you do not follow the wrong column.
- Count repeats, not stitches, in the rectangle. Each repeat is (dc, ch 1, dc cluster) in one stitch. If your repeat count is off by 1, check the row you just worked before going on.

- Try it on before you finish the seams. Pin the seams first and check the sleeve length and the fit across the front, then sew them.
- Block the rectangle before you seam it. Pin it out, steam it, and let it dry so the edges are straight and the stitch pattern opens up.

## VARIATIONS

- Two color shrug: work the rectangle in two colors, changing color every few rows. You will have more ends to weave in, and the stripes show the stitch pattern in a new way.
- Make it longer or shorter: add or remove rows before you finish the rectangle. For a longer shrug, work extra repeats of Row 3 until the back depth feels right. For a shorter shrug, stop a few rows early.
- Longer sleeves: seam more of the front, so the sleeve seam is longer and the body opening is smaller.
- A gift set: make two shrugs in different colorways. Each one takes only a few evenings, so a pair is a comfortable project for a gift.

Pattern adapted from the free pattern by Moogly (Tamara Kelly): Scarlett Shrug, https://www.mooglyblog.com/scarlett-shrug/

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